

Dear ParaYoga community,

ParaYoga is on a precipice, ready to evolve into its next incarnation, and you hold a piece of that future. On **January 9th from 2 - 4 pm EST**, please bring your experience, wisdom, voice, and vision to the [WORLD CAFE](#)—a dynamic, creative, and enlivening conversation utilizing a bottom-up cooperative model that can shape this community in the months and years to come.

Thich Nath Hahn says that the next Buddha (Guru) will be the Sangha (Satsang). This idea reminds me of the four blind monks trying to describe an elephant. Each one holds a small piece of understanding, and only when taken together does the whole picture emerge. Similarly, each of you is holding a piece of ParaYoga's future vision.

So, whether you are new to the community or have been here for decades, introverted or extroverted, certified as a teacher or just beginning your journey, hold a supportive or dissenting voice, your input matters. The World Cafe is a method for bringing together our collective wisdom, through mutual and creative sharing, learning, and questioning, so we can begin to see our vibrant future and the best next right steps to get there.

I have led several World Cafes utilizing input from hundreds of folks to create clear directions for evolving an organization. Currently, I am the Director of Community, Education and Inclusion for Ram Dass' Love, Serve, Remember Foundation, creating community and courses to take the organization forward after his passing. Prior to this, I was a Minister of a funky, tantric-like "church" based on Matthew Fox's Creation Spirituality, where I fostered community through cooperative models and transitioned the community through several iterations. I also spent many years as core staff for the Wise Woman Tradition, cooperatively running one of the largest women's conferences in the US. And, I am a level one certified ParaYoga teacher, who has been skirting around the edges of the community since 2004.

When a caterpillar goes into a chrysalis its "caterpillar" cells dissolve before the "butterfly" cells emerge. Scientists call these in-between cells IMAGINAL cells. It is a place ripe with potential—and it feels similar to where we are as a community in this significant moment in time. So come be a part of this process of imagining ParaYoga into its next brilliant incarnation. So come be a part of this process of imagining ParaYoga into the next brilliant incarnation.

To be a part, all you need is your experience, wisdom, ideas, hopes, and creativity, and enough time to stay for the entire program. Be sure to [SIGN UP HERE](#) so that you receive the Zoom link to join our World Cafe event on January 9th! We look forward to seeing you there!

In service and gratitude,
Jacquelyn Dobrinska

Important note: *The whole can better emerge when it includes diverse voices—often those who have historically been marginalized. If you identify as Black, Indigenous, or a person of color (world majority), LGBTQ+ or other historically underrepresented voices, we hope you will not only be a part of the World Cafe, but also **consider joining the steering committee** who will take this vision forward. **If interested, please contact Julie at julie@parayoga.com.***