

To: Yogarupa Rod Stryker  
From: ParaYoga Ethics Committee

Date: September 14, 2021

On August 15, 2021 you sent an email to the ParaYoga Community where you admitted that you violated the Code of Ethics, specifically Part 4, points 8 and 9, pertaining to the initiation of a sexual or romantic relationship with a student. You have given full faith and authorization to the ParaYoga Ethics Committee to take action due to this breach of the ParaYoga Code of Ethics.

The committee that you selected to uphold the Code of Ethics has compiled a set of requirements that you agree to fully satisfy.

1. You agree to take a three-month leave of absence from teaching beginning from the date this provision was agreed upon, September 4th, 2021. You agree that your only teaching engagement from now to the end of this year will be the retreat in Costa Rica in December.
2. You agree to refrain from conducting private sessions with students, including initiations, for a six-month period, beginning from the date this contract is signed.
3. You agree to continue to engage and pay for regular sessions with a Right Use of Power (RUPI) core faculty member to address the lack of awareness that led to impaired judgment and ethical breach.
4. At the end of six-months of personal reflection and working closely with the aforementioned therapist, you agree to hold a public conversation with said therapist to share teachable moments and rebuild trust within the ParaYoga community.
5. During your leave of absence you agree to collaborate with various members of the ParaYoga community, inclusive but not exclusive of ParaYoga Certified Teachers, PYMT enrollees, as well as other PYMT non-enrolled students and stakeholders; taking part in discussions regarding ParaYoga's future, exploring a new leadership structure within the organization. You also agree to collaborate in further elevating Level III ParaYoga Certified Teachers to teach the Marma PYMT in addition to the four foundational PYMT modules required for Level I certification.
6. You agree to hire and pay outside facilitators from Right Use of Power (RUPI) or other organization to facilitate, or co-facilitate, listening groups for the ParaYoga community, commencing upon the signing of this contract. The listening groups are intended to facilitate community healing and for you to understand the impact your actions have had on the ParaYoga community. Results to be shared with the Ethics Committee and Level III Teachers before being released to ParaYoga Community.

7. You agree to recommend and collaborate with the to be determined newly shared leadership to institute a Right Use of Power (RUPI) ethics training as an eleventh PYMT and to make it mandatory for all ParaYoga Teachers (including PY Certified Teachers, Certified Four Desires Trainers, and Certified ParaYoga Nidra Teachers) as part of retaining said certification status. All certified teachers will be required to review and sign every page of the Code of Ethics every year, upon renewal of their ParaYoga certification to maintain certified status. All currently certified teachers must complete this new ethics training PYMT prior to the end of the 2022 calendar year.

All the above requires public transparency which you will provide in a monthly progress report to the PYEC for the next six months beginning from the signed date of this contract. The committee will create a short summary of your report which will be shared with the entire ParaYoga Community. As a first act of transparency, the committee will make this signed document available to the ParaYoga Community.

#### Signatories



Yogarupa Rod Stryker

Sep 14, 2021

Date

#### ParaYoga Ethics Committee members



[Denise A Alston \(Sep 14, 2021 16:57 EDT\)](#)

Denise Alston

Sep 14, 2021

Date



[Linda Baird \(Sep 14, 2021 16:31 MDT\)](#)

Linda Baird

Sep 14, 2021

Date



[Tricia Fiske \(Sep 15, 2021 11:43 CDT\)](#)

Tricia Fiske

Sep 15, 2021

Date



Joe Somodi

Sep 14, 2021

Date