

May 8, 2022

On September 14, 2022, the ParaYoga Ethics Committee created a set of requirements for Yogarupa Rod Stryker to help move our sangha toward healing. While the ParaYoga Grievance Process gave guidance for how to address the behavior of our peer ParaYoga Certified Teachers, we had no clear direction for how to handle a breach of the code by our teacher. Yet, with our limited authority and insights from the Grievance Process, we proceeded with sincerity and integrity to enact a course of action so Yogarupa could take responsibility for his breach of the ParaYoga Code of Ethics.

The steps we proposed were created with a deep-felt sense of responsibility to the well-being of the ParaYoga sangha. After multiple follow-ups with Yogarupa over the last six months, we believe the seven requirements listed in [this document](#) have been honored and all the terms fulfilled.

Recognizing this conclusion of business, we all officially resigned today from the ParaYoga Ethics Committee. Our sincere prayer is that the current move toward cooperative leadership and a less hierarchical organization can lay the foundation for identifying a process and structure for a ParaYoga Ethics Committee going forward. We also pray that those remaining in the sangha will continue to work together to help create a new thriving version of ParaYoga, so the teachings continue to live in the hearts and minds of those ready to receive them.

We are humbled and honored to have served our community in this meaningful way.

With peace and gratitude,

Denise Alston
Tricia Fiske
Joe Somodi