**Application for ParaYoga® Level 1 Certification**

Name:

Email:

Phone:

Address:

Birth date:

To be eligible to take the exam for the ParaYoga® Level 1 Certification, you must have completed all requirements listed in the steps to certification document available on the ParaYoga® website.

Once we receive your application and check that your requirements have been met, you may request to take the exam.

Please answer the following questions so we may better get to know you.

1. When did you enroll in ParaYoga®?
2. How long have you been studying ParaYoga®?
3. How long have you been practicing yoga?
4. How long have you been teaching?
5. What PYMT’s have you completed? How many times each?
6. Have you completed all book reports?
7. How long have you been turning in Quarterly logs?
8. Please list any other certifications you have:
9. Please list other teachers/lineages that you have studied with:
10. Which Para Yogis are you close to?
11. Which ParaYoga® teachers have you studied with?
12. How has ParaYoga® changed your life?
13. How has ParaYoga® changed your teaching?
14. Are you currently teaching?

1. What style?
2. To whom?
3. How often?
4. Describe your long-term goals in teaching.
5. Describe your long-term goals in life?
6. What inspires you about ParaYoga®?
7. Why do you want to teach it?
8. Please describe one significant event or circumstance in your life that, as you look back on it was the source of one of your major life changes?
   1. How have you been able to turn the above circumstances into something life affirming?
   2. How did you do that?

* 1. How much is behind you?