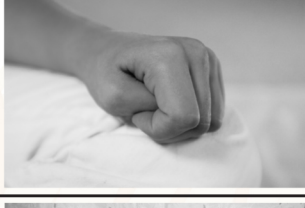




Mudra	Vayu	Location	Image
Gyan	Apana	Lower Lungs	
Chin Mudra	Apana	Lower Lungs	
Chin Maya Mudra	Samana	Lower Lungs/ Abdomen	
Adi Mudra	Palms face down: Pran	Upper/Middle Lungs	
	Palms face up: Udana	Uppermost Lungs	
Brahma Mudra	Vyana	Everywhere	